

# Girls In Action (GIA)

## "Girls Empowered"



Who: Female Youth ages 8-18 years old (Teen moms are encouraged to attend.)  
 (Peer-to-Peer mentoring, One-to-One mentoring and Group Mentoring)

GIA Presents: Bi-Weekly GIAGirls Talk Session (Topic-Based)

Location: Sursum Corda Youth Center

1175 1<sup>st</sup> Terrace, NW

Washington DC 20001-1361

Date	Topic	Time
Saturday, March 19, 2011	"Bullying: Take A Stand: What is Cyber-bullying?"	4PM
Saturday, April 2, 2011	"Girl, Positive: I'm Worth the Wait"	4PM
Saturday, April 9, 2011	"Express Yourself: Create Your Own Jewelry"	4PM
Saturday, April 30, 2011	"Dear Tween Me: Letters to Our Tween Selves"	4PM
Saturday, May 14, 2011	"DIVA Princess: Spa Day" ***** (see notes below)	3PM
Saturday, May 21, 2011	"Goal Setting: Creating SMART Goals"	4PM
Saturday, June 4, 2011	"GIA 1yr Anniversary Celebration" (Community Center) "OPEN HOUSE" ~ Community Awareness Day	3PM
Saturday, June 18, 2011: (TBD)	"The Power of Self-Defense: Learn to React if Attacked" *** (see notes below) (Community Center)	TBD
Saturday, July 2, 2011	"Entrepreneurship: Find Your Hidden Talent"	4PM
Saturday, July 16, 2011	"GIAGirls Got Talent: Fashion and Brand You" Workshop	4PM
Saturday, August 6, 2011	"Princess Divas 'Cooking in the Kitchen!'"	TBD
Saturday, August 13, 2011	"Teach Me How To Budget: Back To School Shopping"	3PM

\*\*\*\*Female Youth must have attended three (4) Talk Session during the 2010-2011 period to attend Spa Day.

\*\*\*Self-Defense session will be taught and discussed by a professional black belt martial arts teacher

Girls In Action, (GIA) is a DC community-based outreach program that focuses on empowering, encouraging and educating young ladies between the ages of 8 and 18 to become leaders. For more information about our programs, visit our website at [www.girlsinaction.org](http://www.girlsinaction.org) or email [info@girlsinaction.org](mailto:info@girlsinaction.org)

*Proverbs: "It Takes A Village To Raise A Child"*